Washtenaw County

Older Adults 60+ Survey Results

Assessing Quality of Life & Social Connectedness

Philanthropic, university, community partnership

+ Ralph C Wilson, Jr Foundation

+ Community Technical Assistance Collaborative

+ STATCOM, Statistics in the Community

Identification of vulnerable older adults (60+)

Zip Code

48197

48198

Financial

Rent Assistance

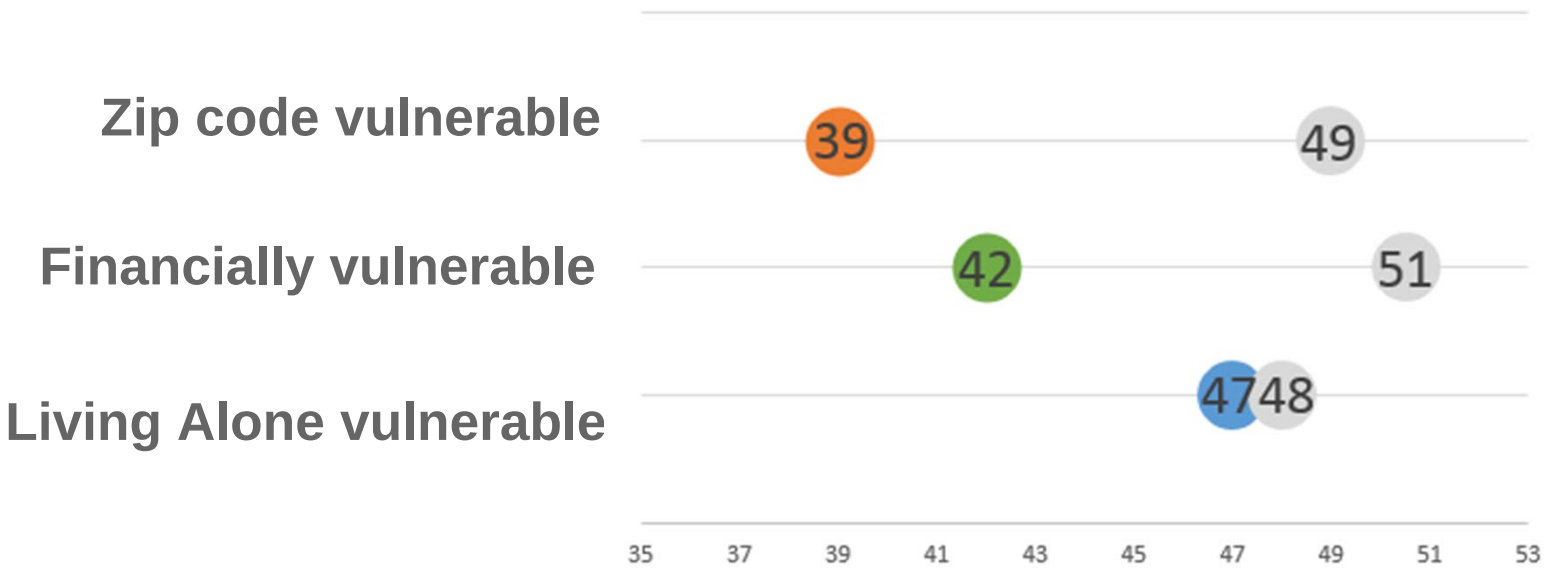
Medicaid

Not enough money for bills

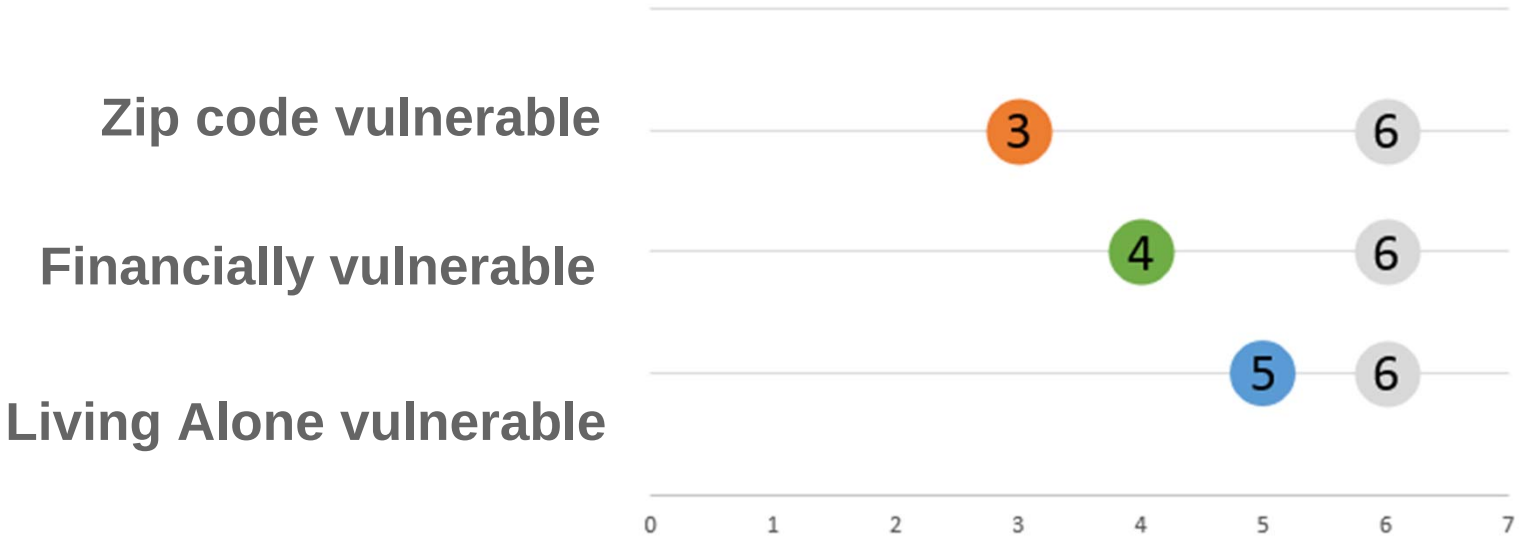
Living Alone

Living at home alone

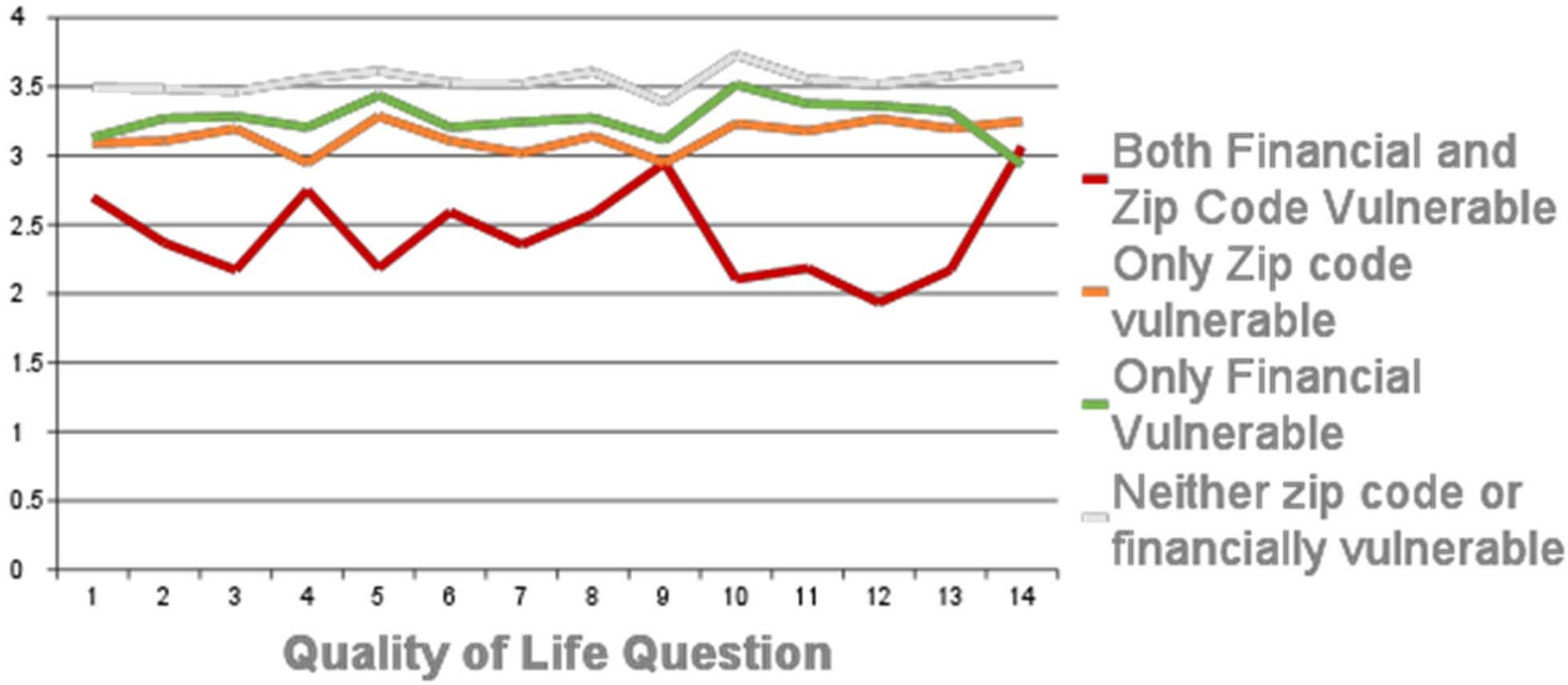
Vulnerable older adults have lower quality of life



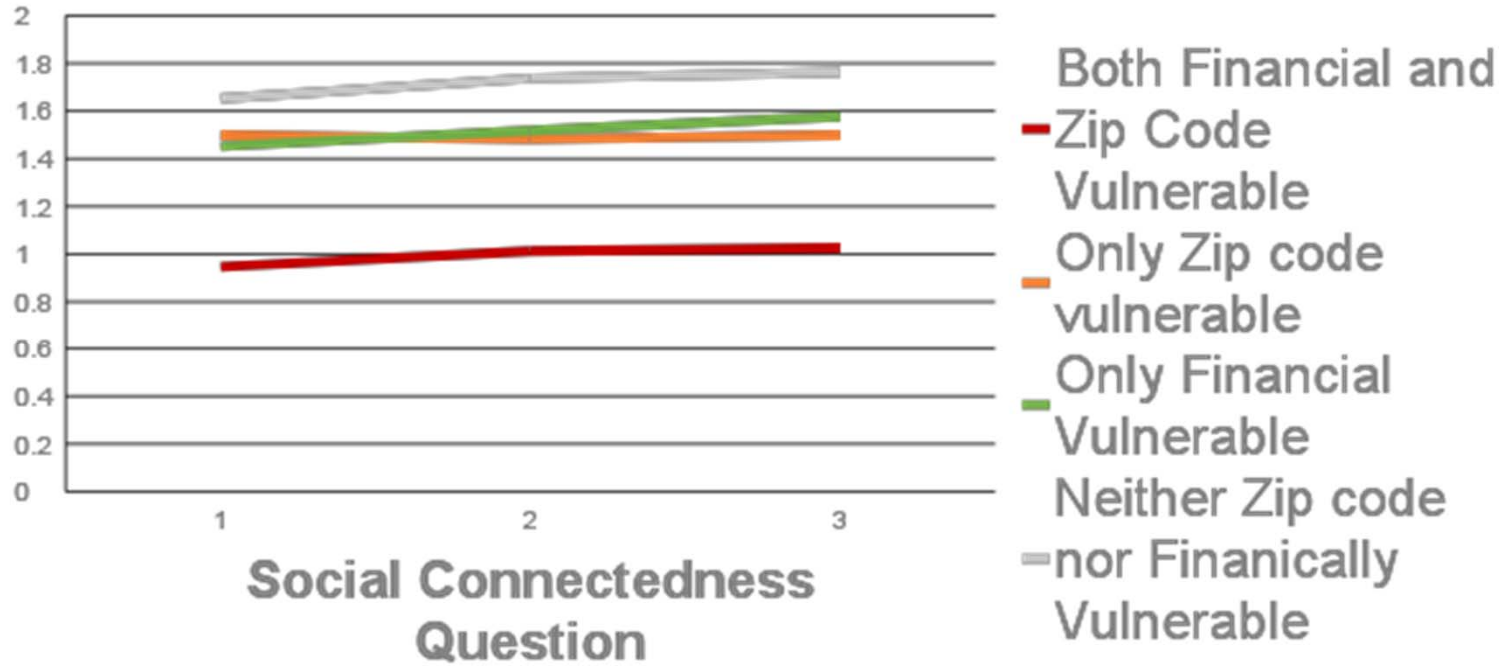
Vulnerable older adults have lower social connectedness



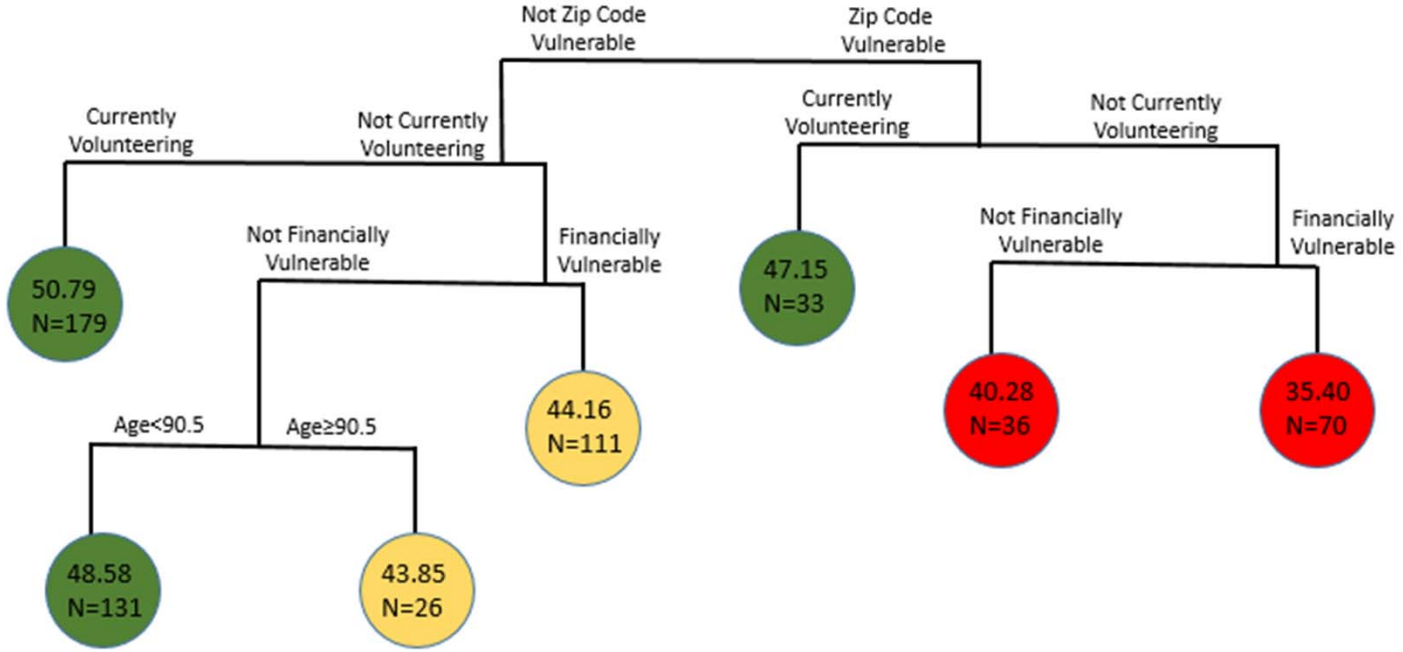
Every aspect of quality of life is lowest with **combined** financial **and** zip code vulnerability



Every aspect of social connectedness is lower for those with **combined** financial and zip code vulnerability



Zip code + not volunteering + financial vulnerability = lowest levels of **quality of life**

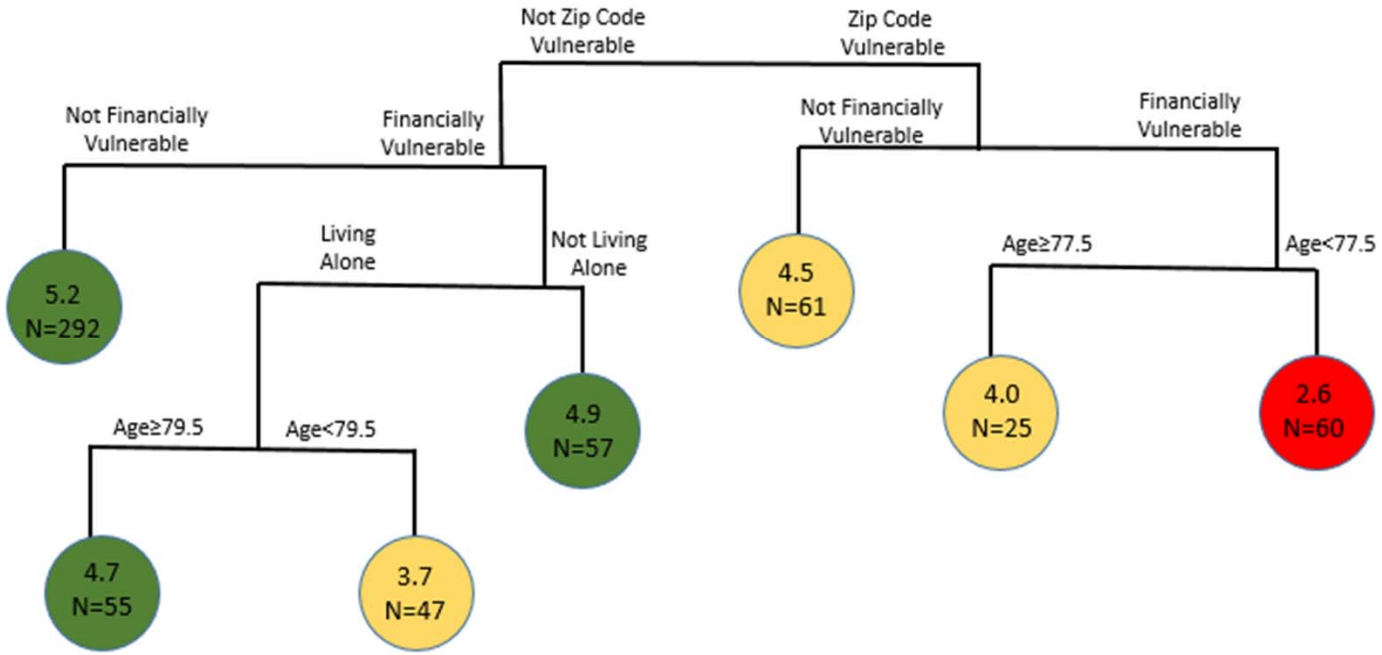


High Quality of Life

Medium Quality of Life

Low Quality of Life

Zip code + financial vulnerability + under 77.5 years old = lowest levels of **social connectedness**

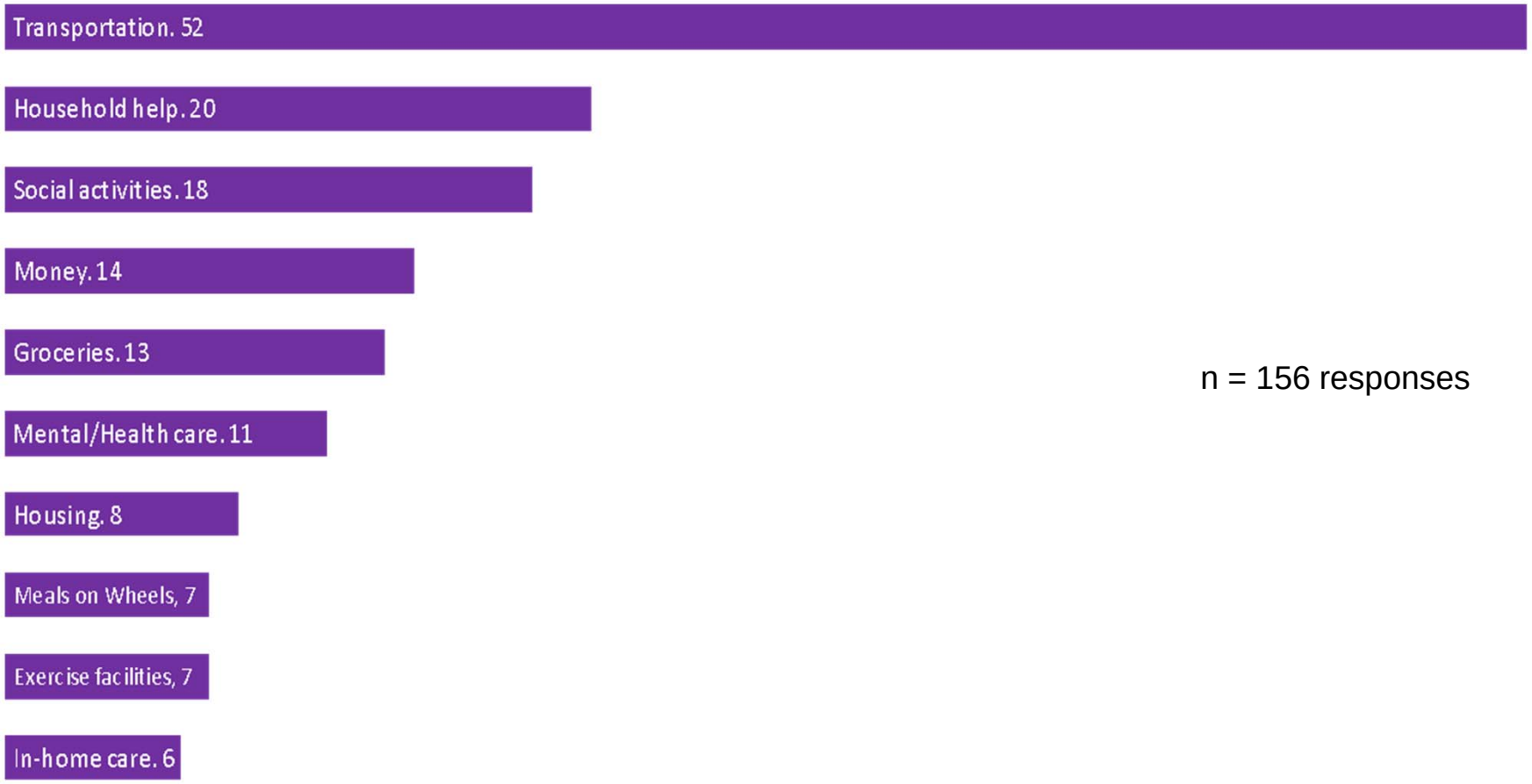


High Social Connectedness

Medium Social Connectedness

Low Social Connectedness

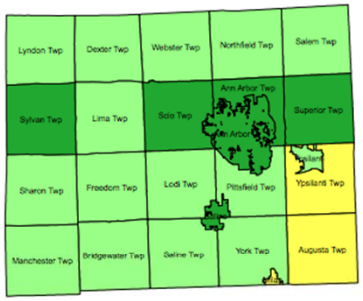
Themes to the question “What services do you need to stay happy, healthy, and independent?”



n = 156 responses

Census data suggest that 60 may be too late

Average Age of Death - White Residents
Washtenaw County Residents by Minor Civil Division
2011-2015

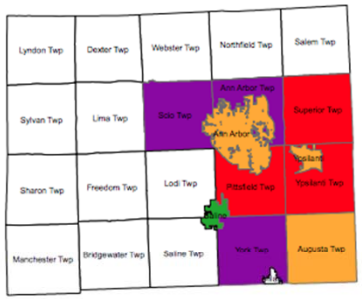


Average Age of Death
agwh11t15

- 56-58
- 59-65
- 66-71
- 72
- 73 - 74
- 75+

Source: Washtenaw County Public Health; Michigan Department of Community Health.
Adreanne Waller, MPH 4/19/17

Average Age of Death - Black Residents
Washtenaw County Residents by Minor Civil Divis
2011-2015



Average Age of Death
agblk11t15

- <6 Cases
- 56-58
- 59-65
- 66-71
- 72
- 73-74
- 75-85

Source: Washtenaw County Public Health; Michigan Department of Community Health.
Adreanne Waller, MPH 4/19/17

1. Even using the same scale, only Saline City has same age range for Blacks and Whites.
2. All of the minor civil divisions (with the exception of Saline) have average age of death for blacks 4 to 18 years younger than those for Whites' average ages of death.
3. Ann Arbor, Scio and York Townships average ages of death for Black residents are age 56 for all three.
4. MDHHS suppresses cells < 6 cases.

WASHTENAW COUNTY PUBLIC HEALTH

We learned about measuring vulnerability

Using Medicaid, housing assistance, or answering “no” to “enough money for bills” as an indicator of financial vulnerability correlated with lower quality of life

Living in 48198 and 48197 correlated with lower quality of life

Living alone does not seem to be a significant indicator of lower quality of life

People who were financially stable who lived in 48197 or 48198 still had a lower QOL

Financial and zip code vulnerability had a compounding effect on quality of life outcomes

We found some protective factors and needs

Transportation is a major need across the county

We may need to be providing services to seniors earlier if we’re aiming to prevent early death and close the longevity disparity

Research on the relationship of volunteering to quality of life is continuing to come out and should be reviewed for innovations - https://www.apa.org/pubs/journals/releases/hea-31-1-87.pdf

STUDENT LIFE
EDWARD GINSBERG CENTER
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Thank you

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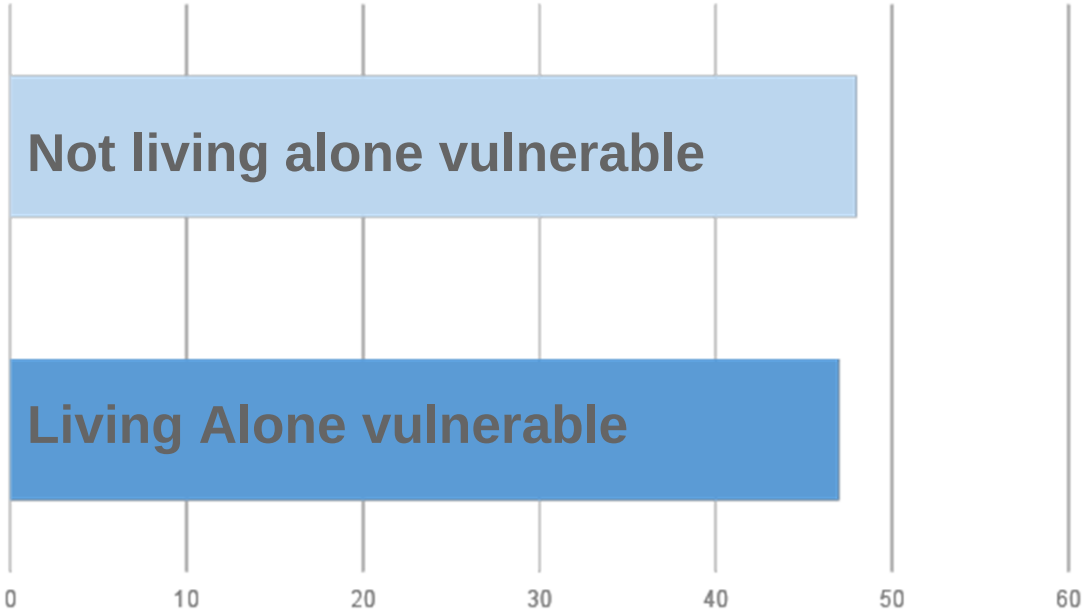
Older adults who are zip code vulnerable on average have lower levels of quality of life

Older adults who are zip code vulnerable on average have lower levels of social connectedness

Older adults with financial vulnerability on average have lower levels of quality of life

Older adults with financial vulnerability on average have lower levels of social connectedness

Older adults living alone report similar quality of life compared to those living with others



Older adults living alone report slightly lower social connectedness compared to those living with others